

Beanstalk weekly menu

Week 7

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>
Breadsticks & Red Kidney Bean Hummus	Fruit loaf	Rice cakes & Tuna Spread	Crumpets with sardines in tomato sauce	Melon & breadsticks
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Toad in the hole with roast potatoes & mixed vegetables	Haddock Chowder	Minced Beef pie with mashed potatoes & Broccoli	Mixed vegetable Quiche with beans & salad Self Serve	Breaded fish with new potatoes and peas & Home- made tomato sauce
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Fruit & yoghurts	Cherry & Apple Cheese cake	Chocolate brownies	Banana's & Ice cream	Flapjacks
<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>
Boiled egg pasta salad	Pizza Bagels & Salad Activity	Mushy Egg & cucumber Sandwiches	Fish Fingers with Home-made tomato pasta	Quorn nuggets, potato waffles & cucumber
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Homemade popcorn & milk	Rice Pudding	Yoghurt	Chocolate whip	Strawberries and yoghurt