

Beanstalk weekly menu

Week 6

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>
Cracker Breads with sardine paste	Rice cakes & Sweet potato Hummus	Banana slices with bread & butter Activity	Cheese & Pilchard Wraps	Cream Crackers & Cheese Spread
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Cowboy Pie (Turkey bacon, veg sausage, beans & tomatoes with a mashed potato topping)	Lentil & vegetable chilli with garlic bread	African Chicken & sweet potato curry & naan bread	Spaghetti Bolognese & salad	Chicken / Quorn nuggets, beans & salad Self Serve
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Yoghurts	Apricot flapjacks	Home-made Pineapple Cheesecake	Home -Made Choc chip cake	Rice pudding
<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>
Cheese & Curry scones with Salad	Fish finger sandwiches	Beans on toast With tomato & cucumber salsa	Cheese salad sandwiches	Toasted crumpets with hummus & cucumber
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Home-made popcorn & milk	Pineapple chunks & Banana Whip	Strawberries & yoghurts	Bananas & custard	Tapioca

