

Beanstalk weekly menu

Week 2

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>
Rice cakes with cheese spread and oranges	Banana slices with bread & butter Activity	Breadsticks & Melon	Tortillas with chilli bean salsa	Cheese straws, Hummus & cucumber sticks
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Sausage & beans with waffles & salad Self serve	Macaroni cheese with broccoli & salad	Shepherd's pie with cauliflower cheese & carrots	Garlic Breaded chicken, wedges and Homemade-spaghetti	Battered fish, with new potatoes, peas & sweetcorn
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Apple & Cherry oat crumble and custard	Home Made orange cake	Fresh fruit salad	Blueberry Muffins	Melon slices & strawberry whip
<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>
Home-made hummus with pitta bread & cucumber	Tomato, lentil & red pepper soup	Cold pasta Salad	Cheese & Tuna sandwiches	Beans on toast with tomatoes
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Yoghurts	Home-Made popcorn & milk	Home - made Blueberry Ice cream	Strawberries & yoghurts	Chocolate brownies

Fresh milk and water will be available throughout the day