

Beanstalk weekly menu

Week 1

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>
Pancakes and Peaches	Cracker bread & Cheese spread	Melon slices and breadsticks	Pilchard Crackers & Apple Slices	Boiled Egg & buttered bread Activity
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Cheese & potato pie with beans and carrots	Paneer & Chickpea tikka masala & rice	Roast Lamb dinner, mashed potatoes with carrots & green beans	Chicken Meatballs in home- made tomato sauce with chips & salad	Sausage & mixed bean pasta Self serve
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Fruit & Yoghurt	Fruit salad	Apple strudel & custard	Yoghurts	Fruit and whip
<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>
Scrambled egg on toast with sweet corn & cheese	Home Made Carrot, bean & coriander soup	Hash browns with beans and salad	Lamb & vegetable Biryani	Fish finger & mushy pea sandwiches
<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>	<u>Pudding</u>
Rice pudding	Home - made Banana ice cream	Semolina & fruit compote	Coconut & Sultana Flapjacks	Bananas and custard

Fresh milk and water will be available throughout the day